

Patient Guide for Returning to BlueGreen

HAND SANITIZER: Hand sanitizer will be made available upon entry to the office space.

DISINFECTANT: All shared surfaces will be disinfected between visits including doorknobs, chairs, desk, the treatment table and bathroom surfaces. I have chosen eco-friendly disinfectant products to honor the earth and those with chemical sensitivities.

BRIO-TECH SPRAY: A natural agent that may minimize risk of spreading infection. Not EPA registered as specifically protective for SARS COV-2 (the virus that causes the COVID-19 infection).

SHEETS: Per usual, pillowcases and sheets will be changed between patients. Blankets will be not be used but an extra sheet can be added for temperature regulation if needed.

AIR PURIFIER: A portable Medify Air filter will be placed in the treatment room near the treatment table.

IF YOU ARE SICK – STAY HOME

Any scheduled patients who have a fever or feel symptoms of a respiratory tract infection will be asked to contact the office immediately and reschedule for a later date. Any patients who have recently tested positive for COVID-19 or are living with someone who tested positive or have had known exposure with someone who has tested positive will also be asked to reschedule. Late cancellation fees will be waived in these instances.

SCREENING

All patients scheduled for in-person visits are asked to acknowledge and make known any symptoms of COVID-19 (fever, cough, shortness of breath, loss of taste or smell) upon scheduling and before entering the office. Temperature screenings will take place upon entering BlueGreen using an infrared thermometer.

KNOW BEFORE YOU GO

ONE AT A TIME: Only patients with a scheduled appointment will be allowed entrance to BlueGreen at their allotted appointment time.

MASKS: All patients are required to wear a mask while inside BlueGreen. Kimberly will be wearing one as well throughout the visit.

WAITING AREA CLOSED: No one will be allowed to use the waiting room area until further notice to limit exposure to shared surfaces. Please wait in your car until you receive a text to come inside.

WATER / TEA SERVICE: Water will still be offered before or after your visit in a compostable disposable cup. You are welcome to bring your own water bottle to enjoy during your visit but please do not fill up your water bottle from our water dispenser. Tea is available upon request.

IN-PERSON VISIT PROCEDURE

- Please wait in your car until you receive a call or text from Kimberly inviting you to come into BlueGreen at your scheduled visit time.
- Hand sanitizer will be available near the front entrance for use upon entry and exiting the office space.
- Kimberly will escort you directly back to the treatment room.
- The bathroom will be available for use, however, do try to use your restroom at home before our appointment to minimize exposure on shared surfaces.
- A medical grade air purifier will be in use during our treatment and the windows will be kept partially open to allow for good air flow during our session to maintain a healthy airfield.
- After needles are removed, you will be free to leave. All scheduling and payment will be completed either earlier in the visit or via email or a phone call. This will allow adequate time between clients for the room to be cleaned.